

## Characteristics of the Seekers and the Five Practices

~Questions and thoughts to consider from RDC training, March 7, 2015~

### We show up.

- How does the Seeker show up in daily life and work?
- How does he/she live into precepts/values and what are the ramifications?
- How does the Seeker's outer life reflect his/her inner life?
- What does it mean to the Seeker to be present in Church/Community?
- Where don't they show up?
- What feeds the Seeker?
- How does the Seeker engage the 'other' with empathy and listening?

### We tell the story.

- Does the Seeker show genuine interest?
- Is he/she a good listener?
- How might you hear him/her addressing issues of social justice?
- A good communicator?
- Why do you do what you do?
- Is it ME or WE language used by the Seeker?
- Can he/she tell their faith story?
- Do they have the ability to draw out stories of faith from others?
- Pay attention to the use of words and body language of the Seeker.

### We splash water.

- Where is the Seeker's sense of refreshment?
- Stir up the waters!
- What ordinary things in your life are holy?
- Is there a sense of our ability to begin again, anew as Christians?

## **We share food.**

- Is there a price to pay when we share food? What is the cost?
- What if we're out of our comfort zone?
- When sharing happens, where does the Seeker find joy?
- Food fills need: What needs are being noticed in the world by the Seeker? What type of food (nourishment, sustenance) will fill the hunger?

## **God surprises! AWE (Average Weekly Encounters) with God**

- Where have you met wonder?
- Where has God been in disguise?
- Where have you been surprised?
- When have you been the answer to someone's prayer?